

**SKEDULERINGSSTATUS**  
Ongeskeduleerd

**EIENDOMSNAAM (EN DOSEERVORM)**

# Lacteol Forte

## Kapsules en Sakkies

**SAMESTELLING**

Gevriesdroogde dooie mikrobe selle van *Lactobacillus LB\**:

**Kapsules:** 5 biljoen mikrobe selle per kapsule

**Sakkies:** 10 biljoen mikrobe selle per sakkie

\*Bestaande uit: *Lactobacillus delbrueckii* en *Lactobacillus fermentum*.

**FARMAKOLOGIESE KLASSIFIKASIE**

A 32 Ander - Supplemente

**FARMAKOLOGIESE WERKING**

*In vitro* eksperimentele studies het getoon dat die dooie mikrobiëse liggame beskryf as *Lactobacillus LB\** vasheg aan die oppervlakte van die intestinale selle en die intestinale flora sodoende normaliseer deur kompeterende uitsluiting. Deur in te meng met die intestinale vashegting van ander mikro-organismes word oor-kolonisasie van hierdie organismes verhoed.

LACTEOL FORTE is nie-toksies en geen nuwe-effekte of interaksies met ander medisyne is aangemeld nie.

**INDIKASIES**

LACTEOL FORTE is supplemente vir gebruik as deel van 'n voorgeskrewe dieet om intestinale mikrobiëse wanbalanse te normaliseer.

**INTERAKSIES**

LACTEOL FORTE is nie-toksies en geen nuwe-effekte of interaksies met ander medisyne is aangemeld nie.

**SWANGERSKAP EN LAKTASIE**

Alhoewel LACTEOL FORTE dooie mikrobiëse liggame bevat, beskryf as *Lactobacillus LB\**, en nie geabsorbeer word vanuit die spysverteringskanaal nie, is veiligheid gedurende swangerskap en laktasie nog nie bewys nie.

**KONTRA-INDIKASIES**

Geen.

**WAARSKUWING**

Dit is belangrik dat LACTEOL FORTE aangevul word met rehidrasie terapie (bv. ELECTROPAK FRAMBOOSGEGEURDE POEIER VIR OPLOSSING) waar dehidrasie vermoed word, veral by klein kinders en bejaardes.

**DOSIS EN GEBRUIKSAANWYSINGS**

	EERSTE DAG			
	1 <sup>ste</sup> DOSIS		2 <sup>de</sup> DOSIS	
	KAPSULES	SAKKIES	KAPSULES	SAKKIES
KINDERS 12 jaar en jonger	2	1 – 2	2	1
VOLWASSENES (> 12 jaar)	4	2	2	1
OPVOLGENDE DAE				
	1 <sup>ste</sup> DOSIS		2 <sup>de</sup> DOSIS	
	KAPSULES	SAKKIES	KAPSULES	SAKKIES
	KINDERS 12 jaar en jonger	2	1	2
VOLWASSENES (> 12 jaar)	2	1	2	1

**DIE INHOUD VAN DIE KAPSULE KAN OOK MET WATER GEMENG WORD INDIEN SO VERKIES.**

Die kapsule moet met 'n bietjie water afgesluk word. Die inhoud van die sakkie kan in 'n klein bietjie water (30 – 50 ml) opgelos en afgesluk word of, in die geval van babas, in 'n bababottel aangebied word. Die poeier van die sakkies kan ook droog ingesluk word.

**NEWE-EFFEKTE EN SPESIALE VOORSORGMATREËLS**  
Geen.

**BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN**  
LACTEOL FORTE word nie sistemies geabsorbeer nie en is nie-toksies nie.

**VOORWAARDES VAN REGISTRASIE**  
Geen.

**IDENTIFIKASIE**

**Kapsules:** Wit, opraak, grootte 2 harde gelatine kapsules. Die inhoud bestaan uit 'n room- tot geel gekleurde poeier.

**Sakkies:** Aluminium/papier gelamineerde sakkies met lemoen/piesang gegeurde, room- tot geel gekleurde poeier.

**AANBIEDING**

**Kapsules:** Aluminium-gelamineerde stroke kapsules – 12 kapsules per karton.

**Sakkies:** Kartonne met 10 sakkies.

**BERGINGSAAANWYSINGS**

Bewaar in 'n koel, droë plek, benede 25 °C.

**REGISTRASIENOMMER (OF VERWYSINGSNOMMER)**

**Kapsules:** 003621

**Sakkies:** 003620

**NAAM EN BESIGHEIDSAADRES VAN DIE HOUER VAN DIE REGISTRASIEERTIFIKAAT**

Mirren (Edms) Bpk

18 Goldenrylaan

Morehill

Benoni

1501

Suid-Afrika

**'N PRODUK VAN:**

Aptalis Pharma Canada Inc.

597 Sir-Wilfrid-Laurier Boulevard

Mont-Saint-Hilaire

Quebec

Canada J3H 6C4

**DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET**

01 Februarie 2006

Hierdie medisyne is nog nie geëvalueer deur die Medisynebeheerraad nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te behandel, te genees of te voorkom nie.

**SCHEDULING STATUS**  
Unscheduled

**PROPRIETARY NAME (AND DOSAGE FORM)**

**Lacteol Forte**  
**Capsules en Sachets**

**COMPOSITION**

Lyophilizate of killed *Lactobacillus LB\** equivalent to:

**Capsules:** 5 billion microbial cells per capsule

**Sachets:** 10 billion microbial cells per sachet

\*Corresponding to *Lactobacillus delbrueckii* and *Lactobacillus fermentum*.

**PHARMACOLOGICAL CLASSIFICATION**

A 32 Other – Nutritional supplement

**PHARMACOLOGICAL ACTION**

*In vitro* experimental studies have shown that the dead microbial bodies described as *Lactobacillus LB\** adhere to the surface of intestinal cells and normalise the intestinal flora by competitive exclusion. By interfering with the intestinal adherence of other micro-organisms, over-colonisation of these organisms is prevented.

LACTEOL FORTE is non-toxic and no adverse effects or incompatibilities with other medications have been reported.

**INDICATIONS**

LACTEOL FORTE is a dietary supplement to be used as part of a prescribed diet to assist in the normalisation of intestinal microbiological imbalances.

**INTERACTIONS**

LACTEOL FORTE is non-toxic and no adverse effects or incompatibilities with other medications have been reported.

**PREGNANCY AND LACTATION**

Although LACTEOL FORTE contains dead microbial bodies described as *Lactobacillus LB\** and are not absorbed from the gastro-intestinal tract, safety during pregnancy and lactation has not been established.

**CONTRA-INDICATIONS**

None.

**WARNINGS**

It is important that LACTEOL FORTE should be supplemented with re-hydration therapy (e.g. ELECTROPAK RASPBERRY FLAVOURED POWDER FOR SOLUTION) where dehydration is suspected, especially in small children and the aged.

**DOSE AND DIRECTIONS FOR USE**

	FIRST DAY			
	1 <sup>st</sup> DOSE		2 <sup>nd</sup> DOSE	
	CAPSULES	SACHETS	CAPSULES	SACHETS
CHILDREN 12 years and younger	2	1 – 2	2	1
ADULTS (> 12 years)	4	2	2	1
FOLLOWING DAYS				
	1 <sup>st</sup> DOSE		2 <sup>nd</sup> DOSE	
	CAPSULES	SACHETS	CAPSULES	SACHETS
	CHILDREN 12 years and younger	2	1	2
ADULTS (>12 years)	2	1	2	1

**THE CONTENTS OF THE CAPSULE MAY ALSO BE MIXED WITH WATER IF SO WISHED.**

The capsule should be swallowed with a little water. The contents of the sachet can be dissolved in a little water (30 – 50 ml) and swallowed or, in the case of infants, given in a feeding bottle. The powder from the sachet can also be swallowed dry.

**SIDE EFFECTS AND SPECIAL PRECAUTIONS**

None.

**KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT**

LACTEOL FORTE is not systemically absorbed and is non-toxic.

**CONDITIONS OF REGISTRATION**

None.

**IDENTIFICATION**

**Capsules:** White opaque, size 2 hard gelatine capsules. The contents consist of a cream to yellow coloured powder.

**Sachets:** Aluminium/paper laminated sachets containing orange/banana flavoured, cream to yellow-coloured powder.

**PRESENTATION**

**Capsules:** Aluminium-laminated strips of capsules – 12 capsules per carton.

**Sachets:** Cartons containing 10 sachets.

**STORAGE INSTRUCTIONS**

Store in a cool, dry place, below 25 °C.

**REGISTRATION NUMBER (OR REFERENCE NUMBER)**

**Capsules:** 003621

**Sachets:** 003620

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION**

Mirren (Pty) Ltd  
18 Golden Drive  
Morehill  
Benoni  
1501  
South Africa

**A PRODUCT OF:**

Aptalis Pharma Canada Inc.  
597 Sir-Wilfrid-Laurier Boulevard  
Mont-Saint-Hilaire  
Québec  
Canada J3H 6C4

**DATE OF PUBLICATION OF THIS PACKAGE INSERT**

01 February 2006

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.