

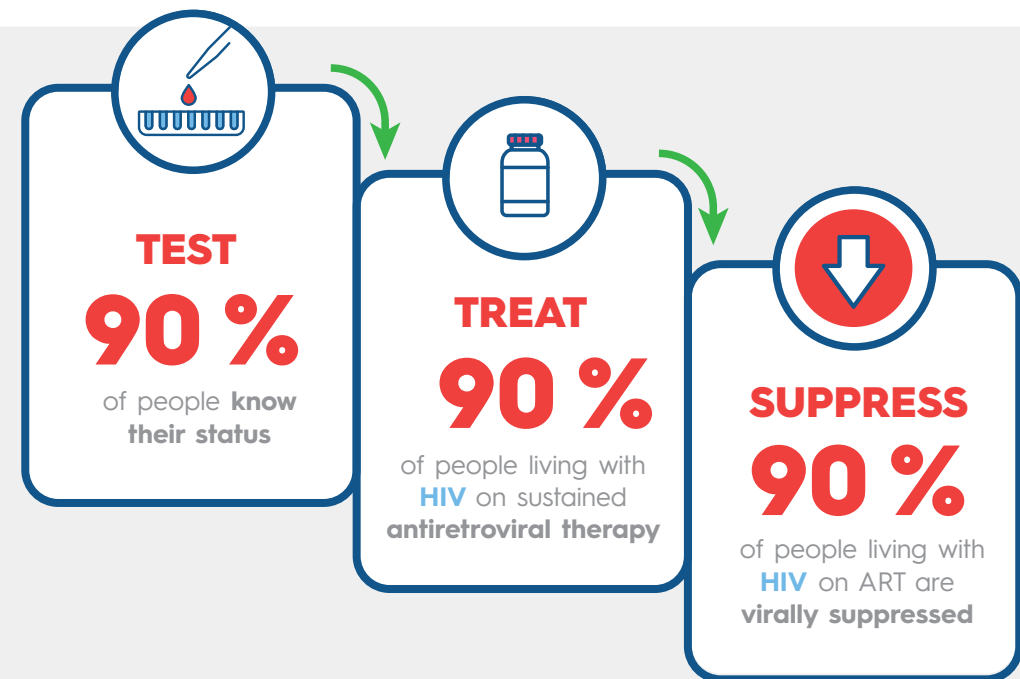
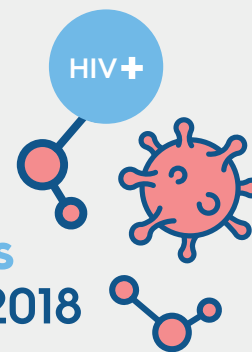
BE (PrEP)ARED

HOW TO END THE
HIV PANDEMIC
BY CURBING
NEW INFECTIONS



240 k

new HIV infections
recorded in SA in 2018



WHAT IS PrEP?

PrEP (Pre-exposure prophylaxis) = HIV prevention pill

PrEP can lower the chances of infection:



If your Partner = HIV+ (discordant couple)



If you have multiple sexual partners



You're a sex worker



Through injection drug use

RECOMMENDED FOR PEOPLE WHO ARE HIV- BUT ARE AT ONGOING HIGH RISK OF CONTRACTING HIV:

↓ **99 %**

The **once-daily pill** reduces the risk of getting HIV from sex by almost **99 %**.



↓ **70 %**

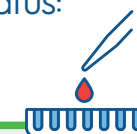
Among **drug users**, it reduces the risk by more than **70 %**.



HOW TO USE PrEP?

STEP 1

Know your HIV status: get tested.



STEP 2

If you're HIV-, your doctor can prescribe PrEP to protect you from contracting HIV.



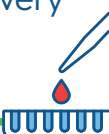
STEP 3

Take one PrEP pill daily (**adherence is important for efficacy**)



STEP 4

Get tested for HIV every 3 months



If you're HIV+, taking PrEP may increase the likelihood of developing drug resistance which makes HIV treatment less effective