

## CHECKLIST FOR COUNSELLING

The following checklist will assist with counselling a patient prior to commencing treatment with **LENALIDOMIDE CIPLA**, to ensure its safe and correct usage.

Select the applicable column for the risk category of the patient.

**Treatment for a female patient of childbearing potential cannot begin until the patient is established on two effective contraception methods for 4 weeks or commits to absolute abstinence and their pregnancy test is negative.**

I have informed the patient of the following:	Males	Females not of childbearing potential	Females of childbearing potential
The expected teratogenic risk to an unborn child.			
The need to use 2 effective contraception methods simultaneously 4 weeks before starting treatment, during treatment interruption, for the duration of the treatment and for 4 weeks after treatment or absolute and continued abstinence.		N/A	
To comply with advice on contraception even if the patient has amenorrhoea.		N/A	
The effective contraception methods that can be used.		N/A	
The risk of venous thromboembolism and the possible requirement to take thromboprophylaxis during treatment with <b>LENALIDOMIDE CIPLA</b> .			
The expected consequences of pregnancy and the need to stop treatment and consult me immediately if there is a risk of pregnancy.		N/A	
The need to use condoms throughout the duration of treatment and for 4 weeks after treatment if partner is pregnant or of childbearing potential and not using effective contraception. This includes males who have had a vasectomy as seminal fluids may still contain <b>LENALIDOMIDE CIPLA</b> .		N/A	N/A
Not to donate semen/sperm during treatment, including dose interruption and for 4 weeks after treatment.		N/A	N/A
Referral to a healthcare professional regarding effective contraceptive methods if required.	N/A	N/A	
To undergo pregnancy testing at 4 weekly intervals, unless tubal sterilisation has been confirmed.	N/A	N/A	
Not to share medication with anyone.			
To return unused medication to their doctor or pharmacist.			
Not to donate blood whilst taking <b>LENALIDOMIDE CIPLA</b> , as well as during treatment interruptions and for 4 weeks following discontinuation.			